# **The Donors Bulletin**

A Publication for Donors & Friends of The Elliott Community

FALL - WINTER 2019



Inside Talk Meet Michelle Karker, Chief Executive Officer of The Elliott Community



**Q.** How do grants and donations make a difference at The Elliott Community?

A. The Elliott Community is a not-forprofit organization that receives only 37% of our funding from the government. Therefore, we rely upon grants and donations to help us fund accessible programs, equipment needs, and capital projects that benefit all of our residents. Programs and events such as Music and Memory, The Fall Fair, and our intergenerational program are all supported by our generous donors. Our Café Patio and Sensory Gardens, the "I Remember Better When I Paint" program, the implementation of new care models and equipment, and the updating of various home areas has happened because of grants received and in partnership with your ongoing support. Thank you for your donations, bequests, your gifts in kind, and your support of our fundraising events. We couldn't do it without you.

### The Café Patio and Sensory Garden



The Elliott Community is proud to say we now have an Outdoor Café and Sensory Garden dedicated to our residents with accessibility at its heart!

Located outside the café and completed as of October 9th, 2019, the outdoor Café Patio & Sensory Garden is an accessible space where residents and families can participate in gatherings such as: supper clubs, horticulture and music therapy, and other accessible activities that will enhance social interactions. This type of accessible area has been a long time coming for The Elliott Community, with many requesting this space. We couldn't be more thrilled that it has come to fruition.

This new space was made possible by an \$80,000 grant The Elliott Community received, funded in part by the Government of Canada's Enabling Accessibility Fund. Project administration was also generously donated by Brydges Landscape Architecture Inc. Paul R. Brydges' involvement with The Elliott Community began in 2014, with a donation of the masterplan landscape design for The Veterans Garden project which is now complete.

With this new space the Elliott Community Cafe can now extend café services, offering greater opportunities for seniors and families to enjoy the outdoors and increase social interaction. There are so many ways in which this can enrich the lives of seniors. Opportunities to tend a garden can help seniors feel a sense of belonging and purpose. Outdoor dining with others is inherently social and promotes better nutrition. Planning and participating in inclusive and accessible activities can help residents build meaningful friendships, while creating a shared sense of community.

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## Did you know...

This year The Elliott Community received **\$97,726** in grants to fund specialized programs, equipment needs, and the outdoor Café Patio and Sensory Garden.

Grant support can help our community in so many ways including: exploring new funding sources, supporting programs and accessible projects, and purchasing equipment when government funding is not enough.

This type of support means that we as a community can provide more accessible opportunities for our residents to be engaged and active in a safe environment. The program equipment and community spaces that this grant funding provides allows us to encourage the community involvement of our seniors by supporting projects focused on volunteerism, social inclusion, mental well-being, and physical activity.

Thanks to grants received this year The Elliott Community will be able to provide the following opportunities for our residents and community members:

The "I Remember Better When I Paint" art therapy program gives seniors living with Alzheimer's the opportunity to recover and share memories through the experience of art. A combination of hands on art practice like painting, as well as art experiences such as museum visits, can create dialogue and reduce the agitation and depression that can be experienced by individuals living with Alzheimer's. These types of art experiences can also help seniors connect and stay in touch with their peers, encouraging them to network and be part of the social fabric of their community. The "I Remember Better When I Paint" program will launch November 2019 here at The Elliott Community.

The Café Patio and Sensory Garden is an accessible community space which creates opportunities for residents and community members to participate and volunteer in accessible programs, events, and services. The Fall Fair is an event that would not have been possible without the generous support of The Koornstra Family Fund Grant. This event offers a variety of therapeutic activities all while supporting the social participation and inclusion of our residents. We're so pleased that our Fall Fair focuses on promoting healthy aging in our community by improving the well-being and quality of life of our seniors.

Here at The Elliott Community, grant support initiatives are essential as we focus on increasing the safety, wellbeing, and happiness of our residents. These funds are so essential to our community and can change the lives of so many.

Ensuring your privacy and confidentiality

The Elliott community contacts its donors and friends frequently to share news and information about our community and events. If you have questions about this process, please call Rebecca McKinlay at 519.822.0491 ext.2242 so we can ensure your privacy is protected and secure.

### Save the date!

#### Join us on Sunday, April 5, 2020

for The Great Escape "Under the Tuscan Sun" Presented by Classic Care Pharmacy in support of The Elliott Community.

For information on the event, sponsorship or how to make a donation please contact:

> Rebecca McKinlay rmckinlay@elliottcommunity.org or 519.822.0491 ext.2242